



PRE-TEST INFORMATION FOR PATIENTS

MYOCARDIAL PERFUSION PET IMAGING

DATE OF APPOINTMENT	TIME OF APPOINTMENT	ORDERING PHYSICIAN
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24 HOURS BEFORE

Do not eat or drink anything that has caffeine including coffee, tea, decaffeinated products, Excedrin, chocolate, cocoa, herbal teas, and soda for 24 hours before your exam. *Caffeine will interfere with the results of the test.*

Do not take the following medications, unless instructed by your doctor:

Dipyridamole (Persantine, Aggrenox)
Theophylline (Aminophylline, Theo Dur, Theo 24, Slo Bid)
Trental (Pentoxifylline)

You are required to notify the office 24 hours in advance at 626-254-0074 if you cannot keep your appointment.

THE EVENING BEFORE

Insulin/Oral Medications: If you take insulin, take only ½ dose the evening before your appointment.

8 HOURS BEFORE

Do not eat or drink for 8 hours before your appointment. Drinking water is okay. Do not eat or drink anything that has caffeine, including coffee, tea, decaffeinated products, Excedrin, chocolate, cocoa, herbal teas, and soda.

THE DAY OF YOUR TEST

- Allow two hours for your appointment
- Bring all medications with you
- Insulin/Oral Medications: hold diabetic medication the morning of your appointment
- Wear a comfortable two-piece outfit
- Consider bringing your favorite magazine or book to make any waiting time as pleasant as possible